



Therapeutic Preschool Program Bachelor-Level Internship

Organization: The Children's Center Utah

Position Title: Therapeutic Preschool Program Bachelor-Level Intern

Location: The Children's Center Utah Therapeutic Preschool Program

Schedule: 2-3 shifts per week, 12:00-3:00 p.m. (Monday – Friday only)

Duration: Fall 2026 semester internship; anticipated start in September after completion of background check and fingerprinting

Position Summary

The Children's Center Utah provides comprehensive mental health care to enhance the emotional well-being of infants, toddlers, preschoolers, and their families. The Therapeutic Preschool Program Bachelor-Level Intern will support treatment groups serving preschool-aged children with a wide range of mental health diagnoses and needs. Under the guidance of Therapeutic Preschool Specialists (TPSs), interns assist with the group's daily curriculum, routines, and therapeutic activities while gaining hands-on exposure to infant and early childhood mental health care.

Key Responsibilities

1. **Therapeutic Group Support:** Assist TPSs during daily group activities, including play-based learning, group routines, emotional and behavioral regulation skill-building, and lessons supported by the evidence-based curriculum used at The Children's Center Utah.
2. **Positive Modeling:** Model positive group behaviors through language, actions, and interactions that support relationship-building, regulation, and safe participation in the classroom environment.
3. **Child Engagement:** Spend time engaging with preschool-aged children through play, books, games, and supportive interactions that align with the goals of the Therapeutic Preschool Program.
4. **Classroom and Practical Support:** Provide practical support during meals, activities, transitions, and clean-up to help the treatment group run smoothly.
5. **Reflective Learning:** Participate in reflective supervision meetings with TCCU staff three times per month, when available, to learn more about client histories, treatment goals, and the purpose behind interventions used in the program.

Learning Opportunities

- Gain hands-on experience in a therapeutic preschool setting serving young children with emotional, behavioral, and mental health needs.
- Learn how evidence-based and relationship-focused practices are used to support preschool-aged children and their families.
- Observe how treatment goals, classroom interventions, and reflective supervision support child and family progress.
- Build professional skills in consistency, communication, boundaries, teamwork, and reflective practice.

Qualifications

- Bachelor-level student pursuing a degree in psychology, social work, human development and family studies, early childhood education, child development, pre-med, nursing, or a related field preferred.
- Interest in entering the Infant and Early Childhood Mental Health field.

- Experience working with infants, toddlers, preschool-aged children, families, or caregiving settings is helpful.
- Ability to maintain professionalism, consistency, reliability, and appropriate boundaries in a therapeutic setting.
- Strong verbal communication skills and willingness to learn from direct feedback and supervision.
- Bilingual or multilingual skills are a plus.
- Applicants must be 18 years of age or older.

Schedule and Requirements

- Interns must be available for 2-3 shifts per week from 12:00-3:00 p.m.
- Two internship spots are available for the fall recruitment cycle.
- Selected interns must pass a background check and complete fingerprinting before beginning.
- The anticipated internship start date is in September.

Compensation

This is an unpaid internship. The Children's Center Utah is happy to support internship credit requirements when possible and provide opportunities for professional growth and development.

Application Timeline

- Applications open: July 10
- Applications close: July 29
- Interviews: First week of August
- Selected interns notified and onboarding begins: August
- Internship begins: September, after background check and fingerprinting are complete

Application Process

Interested applicants should complete the [Therapeutic Preschool Program Bachelor-Level Internship Application](#). Applicants will be asked to share their background, relevant experience, availability, and what they hope to gain from this internship experience.

If you have a resume that you would like to submit in addition to the form, please send it to aelizalde@tccutah.org with the subject line "TPP Intern Resume."

Commitment to Inclusion

The Children's Center Utah is committed to diversity and inclusion and encourages individuals from all backgrounds to apply. We look forward to welcoming interns who are passionate about supporting children's mental health and learning alongside our team.