



Infant/Early Childhood Mental Health (IECMH) Virtual Training Services

The Children's Center Utah is now offering Infant/Early Childhood Mental Health (IECMH) virtual training and support via webinars and individualized consultations.



Training Webinars

Training webinars are offered at no cost to providers seeking to learn about IECMH.

Topics are focused and appropriate for any providers working with young children, including teachers, healthcare professionals, mental health clinicians, early interventionists, etc.

60 and 90 minutes webinars

Morning sessions

Evening sessions

[Learn more or register](#)

Teleconsultations

Individual consultation services are offered at no cost to providers seeking support related to serving young children and their families.

- Case Consultation
- Provider Collaboration Support
- Referral/Resource Coordination
- Reflective Consultation
- Technical Assistance

60 minutes sessions

Morning sessions

Evening sessions

[Learn more or register](#)



Webinars January 2022

Use the links embedded in the titles to register for a webinar.

Please note: reservations may be limited (particularly in the CARE and TGB trainings).

Week 1

- 1/5 at 3:00 - 4:00 p.m. – [Wellness and Self-Compassion](#)
- 1/6 at 12:00 - 1:30 p.m. – [Trauma-Informed Engagement with Young Children](#)
- 1/6 at 3:00 - 4:00 p.m. – [Case Consultation](#)
- 1/7 at 10:00 - 11:00 a.m. – [Preschool Expulsion](#)

Week 2

- 1/10 at 9:00 - 10:00 a.m. – [Treating Trauma in the Context of the Caregiving System](#)
- 1/11 at 4:00 - 5:00 p.m. – [Social/Emotional Development: Facilitating Positive Growth through Parent-Child Interactions](#)
- 1/12 at 3:00 - 4:00 p.m. – [Wellness and Self-Reflection / Reflective Supervision and Consultation](#)
- 1/13 at 9:00 - 10:30 a.m. – [Trauma-Informed Engagement with Young Children](#)
- 1/14 at 9:00 a.m. - 1:30 p.m. – [Child Adult Relationship Enhancement \(CARE\) Training](#)

Week 3

- 1/18 at 4:00 - 5:00 p.m. – [Developmentally-Informed Care](#)
- 1/19 at 2:00 - 3:00 p.m. – [Preschool Expulsion](#)
- 1/19 at 3:00 - 4:00 p.m. – [Wellness and Self-Compassion](#)
- 1/20 at 10:00 - 11:00 a.m. – [Diversity-Informed Tenets for Infant Mental Health](#)
- 1/21 at 12:00 - 1:00 p.m. – [Preschool Expulsion](#)

Weeks 4 & 5

- 1/24 at 4:00 - 5:00 p.m. – [Addressing Caregiver Trauma Before and During COVID-19](#)
- 1/25 at 12:30 - 3:30 p.m. – [The Growing Brain \(TGB\) Level 1](#)
- 1/25 at 2:00 - 3:00 p.m. – [Preschool Expulsion](#)
- 1/25 at 4:00 - 5:00 p.m. – [Social/Emotional Development: Facilitating Positive Growth through Parent-Child Interactions](#)
- 1/26 at 12:30 - 2:00 p.m. – [Trauma-Informed Engagement with Young Children](#)
- 1/26 at 3:00 - 4:00 p.m. – [Wellness and Self-Reflection / Reflective Supervision and Consultation](#)
- 1/28 at 11:00 - 12:00 p.m. – [Diversity-Informed Tenets for Infant Mental Health](#)
- 1/28 at 1:00 - 2:00 p.m. – [Preschool Expulsion](#)
- 1/31 at 9:00 - 1:30 p.m. – [Child Adult Relationship Enhancement \(CARE\) Training](#)

January Office Hours Teleconsultation

Teleconsultation services are offered at no cost to providers seeking support related to serving young children and their families.

Office Hours are open to anyone with questions and/or needs in regard to the identified topic areas.

Types of support include: Case Consultation, Provider Collaboration Support, Referral/Resource Coordination, Reflective Consultation, and Technical Assistance.



Office Hours

Week 2

- 1/10 at 11:00 a.m. – [Promoting Prosocial Skills](#)
- 1/10 at 2:00 p.m. – [Case Consultation](#)
- 1/11 at 12:00 p.m. – [Case Consultation](#)
- 1/11 at 1:00 p.m. – [Case Consultation](#)
- 1/12 at 4:00 p.m. – [Case Consultation](#)
- 1/13 at 8:00 a.m. – [Case Consultation](#)
- 1/13 at 10:00 a.m. – [Case Consultation](#)
- 1/13 at 2:00 p.m. – [Case Consultation](#)
- 1/14 at 12:30 p.m. – [Anxiety in Early Childhood](#)
- 1/14 at 1:00 p.m. – [Enhancing Daily Routines](#)
- 1/14 at 1:30 p.m. – [Evidence-Based Trauma Treatments for Young Children](#)
- 1/14 at 1:30 p.m. – [Case Consultation](#)

Week 3

- 1/17 at 4:00 p.m. – [Supporting Parent/Child Interactions](#)
- 1/18 at 1:00 p.m. – [EBTs and Early Childhood Trauma](#)
- 1/18 at 4:00 p.m. – [Promoting a Therapeutic Environment in a Preschool Setting](#)
- 1/19 at 11:00 a.m. – [Case Consultation](#)
- 1/19 at 1:00 p.m. – [Promoting a Therapeutic Environment in a Preschool Setting](#)
- 1/19 at 5:00 p.m. – [Case Consultation](#)
- 1/20 at 11:00 a.m. – [Social Skills in Early Childhood](#)
- 1/20 at 12:00 p.m. – [Early Childhood Trauma](#)
- 1/20 at 12:00 p.m. – [Trauma-Informed Daily Routines](#)
- 1/20 at 12:00 p.m. – [Case Consultation](#)
- 1/20 at 3:00 p.m. – [Case Consultation](#)
- 1/21 at 11:00 a.m. – [Increasing Compliance](#)
- 1/21 at 12:30 p.m. – [Promoting a Therapeutic Environment in a Preschool Setting](#)
- 1/21 at 1:00 p.m. – [Child-led Interactions](#)
- 1/21 at 1:00 p.m. – [Anxiety in Early Childhood](#)

Week 4

- 1/24 at 9:00 a.m. – [Compassion During COVID](#)
- 1/24 at 9:00 a.m. – [Developmentally-Appropriate Daily Routines](#)
- 1/24 at 10:00 a.m. – [Case Consultation](#)
- 1/25 at 1:00 p.m. – [Early Childhood and Infant Mental Health](#)
- 1/25 at 1:00 p.m. – [Social Skills in Early Childhood](#)
- 1/25 at 2:00 p.m. – [Promoting Prosocial Skills in a Group Setting](#)
- 1/26 at 2:00 p.m. – [Anxiety in Early Childhood](#)
- 1/27 at 11:00 a.m. – [Increasing Compliance](#)
- 1/27 at 2:00 p.m. – [Promoting a Therapeutic Environment in a Preschool Setting](#)
- 1/28 at 9:00 a.m. – [Promoting a Therapeutic Environment in a Preschool Setting](#)
- 1/28 at 12:00 p.m. – [Social Skills in Early Childhood](#)

Week 5

- 1/31 at 10:00 a.m. – [Case Consultation](#)
- 1/31 at 3:00 p.m. – [Child-Directed Play](#)
- 1/31 at 4:00 p.m. – [Foster Care/Adoption](#)

Use the links embedded in each Office Hour's title at the specified date and time to access the services.

Please note: the links only work during the date and time of the scheduled Office Hours.