Thursday, February 8, 2018
8:30 – 9:00 Registration and Continental Breakfast
9:00 – 10:45 Marian Bakermans-Kranenburg, Ph.D., The Burden of Bad Beginnings
10:45 – 11:00 Break
11:00 – 12:15 Marian Bakermans-Kranenburg, Ph.D., Possibilities for Prevention and Intervention
12:15 – 1:30 Lunch
1:30 – 2:45 Clinical Panel Discussion - Q&A
2:45 – 3:00 Break
3:00 – 4:30 Elisabeth Conradt, Ph.D., DNA is Not Destiny: Early Life Experiences May Alter Your DNA

Friday, February 9, 2018
8:30 – 9:00 Registration and Continental Breakfast
9:00 – 10:45 Sarah Watamura, Ph.D., Early Adversity and its Lifelong Legacy
10:45 – 11:00 Break
11:00 – 12:15 Sarah Watamura, Ph.D., The Power of Parents
12:15 – 1:30 Lunch
1:30 – 2:45 Clinical Panel Discussion - Q&A
2:45 – 3:00 Break
3:00 – 4:30 David Oppenheim, Ph.D., Resolution of the Trauma of Childhood Sexual Abuse: How it Fosters Maternal Insightfulness

Registration Information:
Registration Deadline: January 26, 2018
Dates: February 8-9, 2018
Location: All Sessions at the Salt Lake City Library
200 East 400 South, SLC, UT
Participants: The conference is limited to psychiatrists, pediatricians, psychologists, psychiatric nurses, social workers, professional counselors and caseworkers. Graduate students, interns and residents are welcome to attend and must have verification of their status from an applicable department head or training director.
Check-in: One-half hour prior to sessions.
Lunch/Breaks: There will be mid-morning and mid-afternoon breaks and a 1-hour lunch period. (Lunches will not be provided. Please plan accordingly.)
CE Hours: 11 continuing education hours for psychologists, social workers, counselors, and caseworkers have been approved. Documentation of approval will be posted on The Children’s Center website.

Packages:
Professionals Students
Complete 2 Day Conference $195* $100*
Thursday Only $100* $ 60*
Friday Only $100* $60*
CEU Certificate $ 10 $ 10

* Discounts are available for groups of six and larger. Contact The Children’s Center for details.

Hotel Information:
For a list of hotels in the downtown area visit the training tab at www.childrenscenterutah.org

Hotel Information:
CONTACT: The Children’s Center • (801) 578-2324 • 350 S 400 E | Salt Lake City, UT 84111

CEU Certificate $ 10 $ 10
Fees: Professionals Students
Complete 2 Day Conference $195* $100*
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Friday Only $100* $60*
CEU Certificate $ 10 $ 10

$5.00 discount for registering online at www.childrenscenterutah.org. Additional discounts are available for groups of six and larger. Contact The Children’s Center for details.

Registration Form:
Name: ____________________________________________________________
Address: __________________________________________________________
City/State/Zip: _____________________________________________________
Email: _____________________________________________________________
Phone: (     )  __________________Fax: (     )  ______________________
Degree: ___________________________________________________________
Current Position/Organization: _______________________________________
Department___________________________Signature of Dept. Chair or Training Director: ________________________________

Registration is now also available online at www.childrenscenterutah.org

Fees:
Check: Make Payable To: The Children’s Center – Symposia
Credit Card Payment:
Visa __________________________ Mastercard __________________________ American Express __________________________
Card Holder (Please Print):  ______________________________________________
Card #:  _________________________________________________________________Expiration Date:  _______________________________________________________

Form of Payment:
Check: Make Payable To: The Children’s Center – Symposia
Credit Card Payment:
Visa __________________________ Mastercard __________________________ American Express __________________________
Card Holder (Please Print):  ______________________________________________
Card #:  _________________________________________________________________Expiration Date:  _______________________________________________________

Signature: __________________________
Note: Registration Fees Are Not Tax Deductible as a Charitable Contribution.

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The Nineteenth Annual
“BRIDGING THE GAP” CONFERECE:
Clinical Application of Attachment Theory and Research

FEATURING:
• The Burden of Bad Beginnings
• Possibilities for Prevention and Intervention
  Marian Bakermans-Kranenburg, Ph.D., Center for Child and Family Studies, Leiden University, The Netherlands

• DNA is Not Destiny: Early Life Experiences May Alter Your DNA
  Elisabeth Conradt, Ph.D., Department of Psychology, University of Utah

• Resolution of the Trauma of Childhood Sexual Abuse: How it Fosters Maternal Insightfulness
  David Oppenheim, Ph.D., Department of Psychology, University of Haifa, Israel

• Early Adversity and its Lifelong Legacy
• The Power of Parents
  Sarah Watamura, Ph.D., Department of Psychology, University of Denver

11 CE Hours

The Children’s Center proudly presents:
FEBRUARY 8-9, 2018
Salt Lake Public Library
200 East 400 South | Salt Lake City, UT
A unique conference for physicians, psychologists, social workers, counselors, with special appreciation to the psychiatric nurses and caseworkers.
Sponsored by The Children’s Center
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SALT LAKE CITY, UT
PERMIT NO. 2580

11 CE Hours

11 CE Hours

11 CE Hours
ABOUT THE CONFERENCE

We are very excited to continue the tradition of our “Bridging the Gap” conference series and bring you up to date research and clinical findings that will enrich and expand your understanding of clinical work with children and their families. Our distinguished speakers will be focusing on early trauma and adversity and provide dynamic new insights that will range from genetic studies and brain based behavior to intervention and treatment approaches that will be of great interest to clinicians working with individuals across the lifespan. Our panel discussions after lunch on both days will allow participants to dialogue with our presenters and gain further insights into clinical application of the material.

We hope that you will join us for this tremendous educational opportunity again this year. We expect to have a high turn-out so we encourage you to get your registrations in early, as space is limited!

Douglas Goldsmith, Ph.D.
The Children’s Center

David Oppenheim, Ph.D.
University of Haifa, Israel

Thursday, February 8, 2018

Marian Bakermans-Kranenburg, Ph.D.
Presentation 1
The Burden of Bad Beginnings
All beginnings are hard, but some are very hard. That is not only a variant on the first sentence of one of Chaim Potok’s novels, but also the bare fact when we talk about young children’s lives. What are the correlates, prevalence, and consequences of child abuse and neglect; what are risk factors in both parents and children? Evidence from behavioral and neurobiological research will be reviewed, and gaps in our knowledge will be identified.

Elisabeth Conradt, Ph.D.
Presentation 3
DNA is Not Destiny: Early Life Experiences May Alter Your DNA
The field of epigenetics has revolutionized our understanding of how early life stressors may become biologically embedded to impact risk for mental health disorders. Dr. Conradt will provide an overview of epigenetics as it is being applied to research on early life stress. She will then discuss how this research could be used to inform early intervention and to promote policies that support early childhood mental health.

Friday, February 9, 2018

Sarah Watamura, Ph.D.
Presentation 1
Early Adversity and its Lifelong Legacy
In this talk the importance of early adversity for lifelong health and well-being are discussed. Participants will learn how and why early experiences are thought to be so impactful and how adverse experiences get under the skin to impact health.

Presentation 2
The Power of Parents
In this talk recent evidence on the incredible changes to parent brains during the transition to parenting are reviewed and participants will learn about the science around the power of parents to protect children from adversities.

Dr. David Oppenheim
Presentation 3
Resolution of the Trauma of Childhood Sexual Abuse: How It Fosters Maternal Insightfulness
Childhood Sexual Abuse (CSA) is expected to challenge mothers’ capacity to be insightful with regard to their children’s inner world, but not all mothers who experienced CSA are equally affected. Those whose parenting is less affected are thought to have resolved their childhood trauma. This issue was examined in a study we did of mothers who experienced CSA and a comparison group, and Dr. Oppenheim will present results showing how resolution of the trauma buffers mothers’ insightfulness against the long lasting effects of the abuse.

About Our Speakers

Dr. Marian Bakermans-Kranenburg’s research focus is attachment and emotion regulation in parents and their children, with special emphasis on neurobiological processes in parenting and development. She is interested in the underlying mechanisms of adults’ caregiving responses, using correlational as well as experimental designs. She has been involved in two studies on the prevalence of child maltreatment in the Netherlands, and in the development of the Video-feedback Intervention to promote Positive Parenting and Sensitive Discipline. More recently, she has conducted a number of studies on the effects of oxytocin administration. She is currently involved in a study on neurobiological factors involved in fathers’ parenting, funded by the European Research Council.

Dr. Sarah Watamura received her Ph.D. in 2005 from Cornell University and is Associate Professor of Psychology at the University of Denver. She directs the Child Health and Development lab and co-directs the Stress, Early Experiences and Development (SEED) Research Center. Her research examines risk and protective factors in children and families facing adversity.

Dr. Elisabeth Conradt is an assistant professor in developmental psychology at the University of Utah. She received her Ph.D. in clinical psychology in 2011 from the University of Oregon. Liz then trained with Barry Lester while on an NRSA-funded postdoctoral fellowship at Brown University to investigate the biobehavioral development of children with prenatal cocaine exposure. She currently has funding from the National Institute on Drug Abuse and the National Institute of Mental Health to study the epigenetic mechanisms involved in the development of problem behavior in young children, with the goal of identifying who may be most susceptible to maladaptive developmental outcomes.

Dr. David Oppenheim is a senior member of the Center for the Study of Child Development at the University of Haifa, Israel, and former Chair of the Department of Psychology in that University. Dr. Oppenheim’s research focuses on the central importance of attachment relationships for children’s social and emotional development. His research has examined parental insightfulness and the way it promotes secure relationships. He has also studied the role of parent-child dialogues and open communication in the organization of attachment relationships after the infancy period. Dr. Oppenheim’s studies on these questions included typically developing children, children at high risk such as those in foster care, and children with atypical development such as Autism and Mental Retardation.

Register online at www.childrenscenterutah.org or contact Katherine at 801-578-2324 for more information